

## BIENVENIDOS OUTREACH-MEETING THE NEEDS OF ALL TO MAKE A BETTER AND STRONGER COMMUNITY



**Bienvenidos Outreach, Inc.**  
Caring for the Community

We are sending this newsletter a couple of weeks later than usual due to high activity at our agency during the last part of our fiscal year. As we get ready to close another year of operations on June 30, 2026, we look forward to the new year as we expand our services. Collaborating with other agencies, providing more healthy foods to our clients from local Farmers, **and welcoming everyone who needs a helping hand, no matter what income level, race, nationality, religion, or gender identity of the person who comes to our office. We are here for everyone.**

Everyone who works at Bienvenidos Outreach loves our community and embrace all who come here. The more we engaged clients to talk about themselves, we found that many people come here just not for food and clothing, but as so many have said to us “we are like part of one big family.” For many, friendships with other clients have developed, great suggestions to better our services have been accomplished, and we can see how important it is not only to feed and clothe the body, but to feed the mind and as well.

During the last few months, we started a new class, “Healthy Heart Self-Monitoring Blood Pressure Program” which was a 4 month course on learning to take charge and monitor your own blood pressure, eating healthy foods that helps one manage their numbers, discover healthy recipes for a healthy heart, interacting with others who have the same problems, and learning new ways to approach your health. The classes were informative and the entire group enjoyed their time with each other. All made new friends who promised they would help each other and stay in touch. On the last day, we decided we would all get together at least once a quarter to catch up and see how everybody is doing. The next session will begin in the Fall. Check out our website for more information starting this July.

This past May, Executive Director Susan Tarver and Special Projects Manager, Alice Montoya became certified Tobacco Treatment Specialists. This certification is important as it now paves the way for us to start offering Tobacco and Vaping Cessation classes for anyone interested who wants to or is thinking about quitting smoking. To find out more about our program that will start in mid-July, please call Susan or Alice at our office.

### YOUR DONATIONS COUNT!!

It can't be said enough, with the cost of everything continuing to rise, your donations have kept us serving our community without cutting back on any of our services. This is especially important as the number of people who need help also continues to rise. The hardest hit clients are of course, our seniors and children, whose health and nutritional needs are a major concern to their well-being. At Bienvenidos Outreach, we make it an important part of our day to reach out and speak to our customers to see how they are doing and to see where we can improve our current services or, in some cases, add new programs to our menu of services. Your donations make a difference to many people in our community (and yes, their pets, too!). From our clients, volunteers, staff and board, thank you for helping us with our mission. **You make Santa Fe great!**

### Quotes That Inspire Us

“We rise by lifting others”  
— Robert Green Ingersoll

### FY2025-2026 Totals: (as of 5/31/2026)

<i>New applications</i>	442
<i>Boxes given out</i>	13,831
<i>Lunches handed out</i>	14,607
<i>Visits to clothing room</i>	8,868
<i>Volunteer hours donated</i>	12,461
<i>Number of seniors served</i>	896
<i>Number of children served</i>	2,109
<i>Number of pet food pkgs. served</i>	7,052

**Hours of Operation:**  
**Mon.-Thurs.: 8:00am-1:00pm**  
**Fri.-Sun.:10:30am-1:00pm**

### In Loving Memory



**Judy Tiederman**  
**LaLa Martinez**  
**Beatrice Nevares**  
**Carol Martinez**

Donations were given to our organization to honor these beloved people.

# Bienvenidos Outreach In Action

Spring/Summer 2026



Board members Alice Montoya, Mark Padilla and Events/Mktg. Mgr. Michele George participating in the Santa Fe Hispanic Chamber of Commerce Community Event.



Volunteer Tim Maestas, Alice Montoya & Michele George at our Ready, Set, Spring Festival in our parking lot this past April.



Our second year attending the Santa Fe Indigenous Center Annual Event.



Susan & Michele receiving a donation check from the rep from La Montanita Coop.



Our first group for our Healthy Heart Self-Monitoring Blood Pressure Program



Feeling very honored to have students from the Santa Fe Girls' School as part of our volunteer group. We love working with them and their enthusiasm is infectious!

## NEW HOURS FOR BIENVENIDOS OUTREACH!!

To better serve our community, we have added client and donor services on Fridays, Saturdays, and Sundays. This begun in mid-March and so far, the comments have been positive. We are open from 10:30am-1:00pm for those who need a food box, lunch, or clothing or household goods. For donors, being open on the weekends allows them to drop off donations. For those who have wanted to volunteer but could not help us during the week, this is an ideal way to join us! If you are interested, please call or stop by and find out more about volunteer opportunities with us!

### Getting Our Message Out To The Community

Michele George, our Marketing and Events Manager, has been busy bringing in new sponsorships to our organization and spreading the word about our mission. If there is an event in town, you can be pretty sure Michele is attending and making new contacts and potential new collaborators whose own missions are aligned with or compliment ours. In May, Michele coordinated an event for Bienvenidos Outreach called "Ready, Set, Spring Festival" which was held in the Bienvenidos Outreach parking lot and attended by many of the local organizations in Santa Fe.

If an organization you belong to will be hosting an event that you would like us to participate in, please call Michele and let her know the details.

**Watch for information to be coming out soon on our 2nd Annual Bienvenidos Open House. This year's event is sponsored by:**

**Anchorum Health Foundation  
Tomasita's Restaurant and Southern Glazers**

### Gardens-For-All Program Update

As our Gardens-For-All is approaching the end of its 3-year grant, we are proud to say that all our expectations for program outcomes will be achieved. Our initial goal of 800 hydroponic units being given out has already been surpassed and we now have nearly 1,000 units that are being used in homes, schools, farms and clubs throughout our area. We also grow food in our units and use it in our food boxes, which help us with our food costs. We hope to continue this program as one of our regular programs. Your donations help us keep it and our other programs running smoothly throughout the year!

**Don't forget to visit us at the Eldorado Farmers' Market . We are open on Fridays from 3pm-6pm through October 2, 2026.**

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