

Spring/Summer 2018

First Expansion In Twelve Years Allows Bienvenidos Outreach New Opportunities To Address Food Insecurity Issues

Bienvenidos Outreach, Inc. A Food Pantry

Volume 7, Issue 1

Twelve years ago, Bienvenidos Outreach realized the need for more space to accommodate our growing number of clients. The move to our Fifth Street office also allowed us to expand our Children's Christmas Gift Program, start a new program to provide children with milk and gave us more room to stay well-stocked with basic foods that people rely on to feed their families.

A few months back it became evident to us that as our mission continued to grow, our space hadn't. Through the generosity of our landlady, Caroline Ravenfox, we were able to obtain the space next door to us at a very favorable rate and started phase I of our expansion which will allow us to enhance our current programs, add on new programs and stay in compliance with various state and federal regulations.

Phase II, which will start in May 2018, is the creation of what we are calling "The Healthy Living Center". In this space we will be creating a room where all special programs (Smart Breakfasts=Smarts Kids, Diabetes Management and Special Needs programs) will be processed along with information and other helpful tools dealing with healthy living that will be available to all clients. Recipes, books on nutrition and

alternative medicines, educational games and sports equipment for children will also be available as well as exercise equipment for adults.

The Center will also be a place where people can get information on the many companies and other non-profit organizations who have services that may be of help to our clients.

Your monetary donations help us in the purchase of healthier foods to be given to our clients throughout the year. As we expand our choices of food, we see that our clients are eager to make healthy living choices to insure that not only their well-being, but the health and well-being of their children. Children who are introduced at an early age to a healthy diet do better in school and it is with your help that we hope to keep them on the road to healthy living throughout their lives.

As we work towards making our new center a place where people can learn more about nutrition and healthy lifestyles, we encourage our donors who may have any books, cds, and gently used exercise and sports equipment to please consider donating these items to the new center.



Photo above: While not quite yet complete, here's a first look at the new space we have for food storage, household donations storage and coming in the summer of 2018, the new Healthy Living Center.

WANTED: Volunteers are needed for our Monday operations. Help needed between 9:00am-1:30pm with a two hour shift minimum. Food box prep, lunch sack prep, and general office help.

Volunteers also are needed for our new Healthy Living Center. Please call Susan or Erion for more info.

Please consider volunteering at our food pantry. Call us at 986-0583 to find out more!

In Memory of:

- **Loretta A. Trujillo**
- **Lorenzo M. Trujillo**

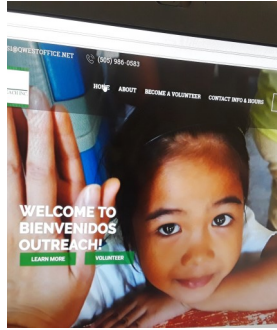
(Donations were given to Bienvenidos Outreach to honor these fine people)



FY2017-2018 Totals: (as of 3/31/18)

New applications	342
Boxes given out	8,989
Lunches handed out	11,199
Visits to clothing room	4,880
Volunteer hours donated	9,316
Number of seniors served	578
Number of children served	1,103

Better Late than Never! Come visit our new website and find:



—>Easier access to information on Bienvenidos Outreach including Volunteer Application Forms, newsletters and donor links.

—>New, easy and safer ways to make your donations.

—>Visitor feedback section and more!

So don't forget to bookmark and visit www.bienvenidosfoodpantry.org and let us know what you think!

Eldorado Farmers' Market 2018 Season To Begin May 18, 2018

Season 10 of The Eldorado Farmers' Market is coming sooner this year! Opening Day will be on Friday, May 18, 2018 as we look forward to welcoming our vendors and customers back to the market.

The market is located at La Tienda at Eldorado (7 Caliente Road) and boasts plenty of parking and a weekly raffle that provides winners with a wonderful assortment of fresh foods and crafts courtesy of our vendors.

This year, as always, we will have a great assortment of fresh fruits and vegetables, ciders, dairy, meats, eggs, bakery goods, nursery goods, knife sharpening services and a wonderful group of artists with amazing items for sale. New this year to the market is **Drift and Porter**, an extremely popular vendor at the Sunday Railroad market who will be offering vegan pastries and other mouth-



watering items. Additional new vendors will be announced soon.

The market is a fundraiser for Bienvenidos Outreach through collection of stall fees, sales of hot dogs and sausages, and selected arts and crafts donated by generous locals. Funds received from the market go towards buying healthy food for our clients, with a heavy empha-

sis on nutritious breakfast food and snacks for children.

The market also serves as a drop off spot for donations of food, clothing, personal care items and of course, monetary donations are gladly accepted, too.

We'd love to have you join us at the market and please, make sure and stop by the Bienvenidos Outreach table to find out more about our various programs.

The market will be open from 3:30pm-6:30pm every Friday, May 18 - October 12, 2018.

See you at the market!

(photo: Eldorado Farmers' Market—vendor Jose Gonzalez from Gonzalez Farms. Jose offers a varieties of vegetables, greens and decorative wreaths at our market throughout the season.

THANK YOUR FOR YOUR CONTINUED SUPPORT. YOU MAKE A DIFFERENCE IN OUR COMMUNITY!

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