



BASIC ONGOING NEEDS

CANNED FOOD ITEMS - canned meats, fish, vegetables, soups, fruits, pasta sauces, peanut butter & jam

FRESH FOODS - fruits and veggies in season, root vegetables such as potatoes, squash, onions

FROZEN FOODS - frozen dinners, meats, sandwich meats,

BREADS AND PASTA - bread and rolls, buns, cookies, egg noodles, macaroni, rice

BAKING NEEDS - flour, shortening, sugar, baking powder, baking soda, spices

DAIRY PRODUCTS - milk, eggs, half & half, cheese, margarine, sour cream

HOUSEHOLD GOODS - laundry and hand soaps, cleaning supplies

PAPER GOODS - napkins, plates, bowls, cups, Kleenex, zip-loc bags, waxed paper, foil, Saran wrap

PERSONAL HYGIENE PRODUCTS - Toothbrushes, toothpaste, dental floss, feminine products, wash & dry towelettes, shampoo, combs & brushes

CLOTHING & BEDDING - We are always in need of good used clothing in season, and warm blankets and sleeping bags all year round

OFFICE SUPPLIES - Copy paper, postage stamps, pens

MISCELLANEOUS ITEMS - Please call us to find out what other items we accept.

Sorry, at this time we are not accepting beds, bed frames, couches, tables, chairs, or electronics. Give us a call if you would like more information.

Bienvenidos Outreach, Inc.

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If you would like to volunteer some of your time to help out, please contact us via e-mail (bienvenidos1@qwestoffice.net) or call (505) 986-0583 and ask for Darryl.